

# GLAD TIDINGS

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## Lent is Here...So What's New?

Perhaps we should encounter how Lent is different for us this year, and not just because we are still “finding our way” as a culture through the pandemic crisis.

We have long known the general theme of Lent , out on the street, as “giving up (something) for Lent...be it chocolate, or Facebook, or whatever each one of us thinks as some kind of minimal or minor extravagance that we can do without and not really give the “sacrifice” of going without much or a thought.

Well, “giving up (fill in the blank) for Lent” is too blasé. Too hum drum, because it would be right within the very nature of our throw-away culture to throw away a chance to....sit down....take some quiet time....and consider how Lent should be different for us...this year.

Forget self-denial in Lent. Our current Lenten studies do not just suggest, but advocate for the opposite. Lent should be more about self-preparation, true self-awareness, instead of a singular focus on self-denial. A re-focus into real action, instead of a reduction from anything. Self-preparation for spiritual growth, turning our Sunday words of communion into deeds, into real action. Forming acts of reflective love and regeneration. Devotional intentions that become the very manifestations of the living Christ in our daily life, right here in Rome.

**FR. HEIDT'S MESSAGE CONTINUED ON PG. 7**



Rector  
Warden  
Warden  
Treasurer  
Parish Secretary  
Financial Secretary  
Music Director  
Facility Maintenance

Fr. James K. Heidt  
Willie Talmadge  
Jane Padrón  
Michael Rescigno  
Annette Clark-Hani  
Vacant  
Erick Kroll  
Chris Klara

## Vestry 2021

Willie Talmadge, Warden ('22)  
Jane Padrón, Warden ('23)  
Brenda Outwater ('24), Sandie Latimer ('24)  
Harriet Brennan ('22), Michelle Luvisi ('22),  
Annie Deacon ('23), Wayne Osborne ('23)  
Annette Clark-Hani, Clerk of Vestry  
Michael Rescigno, Treasurer

March 2 Linda Hunter  
March 4 John Hunter  
March 9 Grace Millington  
March 19 Zachary Thomason  
March 23 BettyAnn Bormann  
March 25 Joshua Eychner  
March 29 Betty Crouch  
March 29 Janet Renzi

## Happy March Birthday to:



March 29 Tina Rescigno  
March 29 Michael Potter-Urbaneck  
March 30 Sam Todora  
March 31 Jennifer Swinney  
March 31 Willie Talmadge  
March 31 James Mott



## Happy March Anniversary to:

March 9 LeeAnn & Wayne Towne II

**IF YOU WOULD LIKE YOUR BIRTHDAY OR ANNIVERSARY LISTED PLEASE LET ANNETTE KNOW IN THE OFFICE.**

## Memorial Gifts and Flowers - Given to the Glory of God

**ALTAR FLOWERS-Cost \$35-Altar Flowers on hold until Easter (Due to Lent)**

***Please help Zion defray some of the cost and sign-up in Clarke Hall.***

**Candle Oil & Bulletins-Cost \$10-ALL THE TIME**

**March 7-  
March 14-  
March 21-  
March 28-**

# Our Prayer List

*“Heavenly Father, watch over these your children, and grant that they may be restored to that perfect health which is yours alone to give, through Jesus Christ our Lord. Amen”*

**Those needing extra prayers:** Joyce, Blaze, Lance, J. Daniel, Jill, Charles O’Neill, John & Linda Hunter, Annie Seymour’s Family, Brett McDonnell, Georgia Northup, Ann Northup, Richard Stratton, Lois Wiggins, Zachary Thomason, Joan Moore, The Gambier Family, Shirley Reali, AnnMarie Bronson-Hunter, Pasquale Mesagna, Al & Krissy Rozanski, Lorelie Rice, Michael Potter, Siegmund Urbanek, David Dutcher, Janet Renzi, Rachel Dyball, Sharon Dyball, Cindy DeProspero-Outwater, Kevin & Alice Wilson, Bill McGee, Brenda Outwater, Ginny Telego, Catherine Zbiegien, Georgeanna Howanietz, Randy Jones, Sr., Janice McNaughton, Jim & Pat Hoffman, Anne Staple, Bea Golden, Charlotte Rice, Erica Young & Baby, Sharon Parsons, Karen Chapman, Lauren Ziegler, Joann Bienvenue, Willis Bienvenue, Susan Bogart.

*Though you cannot be with us in person at Zion Church, you are with us in thought and prayer.*

At Home .....Charles O’Neill  
Catherine Zbiegien



# Zion News

## RE-GATHERING

Great news! The Bishop’s office has now authorized each parish the option to resume in-person worship. And pursuant to the vestry action on February 22, 2021, Zion will resume In-person gathering beginning March 7, 2021. **HOWEVER**, your personal in-person attendance for Sunday worship is completely dependent on your individual comfort level and confidence that, by gathering in-person, your personal health and safety are assured the maximum priority through mandatory, non-negotiable safety protocols as follows:

- 1) Mandatory wearing of face masks covering nose and mouth; except the exclusive temporary removal **ONLY** for celebrant and readers separately taking part in the service at the altar.
- 2) All will, immediately upon entering the building **A.** use hand sanitizer, **B.** take his or her own temperature, **C.** enter all required data on the designated form including name, telephone number or other contact information, and having **NO** COVID related symptoms;
- 3) There will be no singing other than the Celebrant alone at the altar, also, **NO** hand touching or other physical sharing of the “Peace”, **NO** after-worship gathering or “coffee-hour” in the undercroft
- 4) All persons will exit the building individually and immediately after service
- 5) For all those wishing to stay home we will continue the **ZOOM** service and will send you the link every Friday, or you can call into the service by dialing +1-929-205-6099, and entering the Meeting Id #: 995 5176 7853, and the Passcode: 671803, when prompted.

# Who's scheduled at a glance ...

## READINGS DONE BY INDIVIDUALS ON ZOOM

### **1st SUNDAY: The Third Sunday in Lent** **March 7, 2021-9AM- Holy Eucharist per Zoom**

**Priest** Fr. Jim Heidt  
**Lay Readers** Sandie Latimer  
Meribeth Seaman

#### **Check-In Persons**

**Acolyte** Sandie Latimer  
**Altar Guild** Tina Rescigno, Jane McDonnell  
**Alternates for readings** Tina Rescigno/ Wayne Osborne

### **2nd SUNDAY: The Fourth Sunday in Lent** **March 14, 2021-9AM- Holy Eucharist per Zoom**

**Priest** Fr. Jim Heidt  
**Lay Readers** Jane Padrón  
Jennifer Swinney

#### **Check-In Persons**

**Acolyte** Jane Padrón  
**Altar Guild** Tina Rescigno, Jane McDonnell  
**Alternates for readings** Annette Clark-Hani/ Sandie Latimer

### **3rd SUNDAY: The Fifth Sunday in Lent** **March 21, 2021-9AM—Holy Eucharist per Zoom**

**Priest** Fr. Jim Heidt  
**Lay Readers** Rick Wertz  
Annette Clark-Hani

#### **Check-In Persons**

**Acolyte** Rick Wertz  
**Altar Guild** Annie Deacon, Annette Clark-Hani  
**Alternates for readings** Jane Padron/ Jennifer Swinney

### **4th SUNDAY: The Sunday of the Passion:** **PALM SUNDAY** **March 28, 2021-9AM—Holy Eucharist per Zoom**

**Priest** Fr. Jim Heidt  
**Lay Readers** Tina Rescigno  
Mike Rescigno

#### **Check-In Persons**

**Acolyte** Tina Rescigno  
**Altar Guild** Annie Deacon, Annette Clark-Hani  
**Alternates for readings** Rick Wertz / Meribeth Seaman

## ERICK KROLL'S FROM THE ORGAN BENCH



There are two Lenten hymns outside of Holy Week that are so well known and sung so often that one could regard them as carols. Lenten *carols*? Yes. A carol in its purest form, according to The Illustrated Encyclopedia of Music, "employs straightforward language and music and is a spontaneous reflection of the occasion it celebrates." These two hymns are Forty Days and Forty Nights #150; and "Lord Who Throughout These Forty Days" #142.

The tune of Hymn #150 has appeared in 97 hymnals and is most commonly known as Heinlein; but our hymnal lists it as "Aus der Tiefe rufe ich" (Out of the depths I cry) from Psalm 130 as published in the Nurnbergisches Gesang-Buch (1676-77) attributed to a German clergyman Martin Herbst b. 1654 and died of a plague in 1681. The text was written by G.H. Smyttan first published in the Penny Post in 1856. The text of Hymn #142 which has appeared in 83 hymnals was written by Claudia Frances Hernaman (1838-1898) who composed over 150 hymns mostly for children. There are two tunes used for this hymn - St. Flavian from Day's Psalter 1562 which our hymnal uses; and Land of Rest which is an Appalachian folk tune. Our hymnal uses Land of Rest as the tune for "I Come With Joy to Meet My Lord" #304. How can one hymn have two tunes? Just like any other poetry, hymn texts have distinct meters. Any hymn texts that have the same meter can be put to the same hymn tune.

Cheers,  
Erick

# Zion News



## COMMUNITY DINNER

We had our very first community dinner at Zion on Saturday, February 20<sup>th</sup> with great success. Thanks to the 4 lovely ladies picture above from left to right; Meribeth Seaman, Jane Padrón, Sandie Latimer, and Annie Deacon. Zion will try to do these dinners on a monthly basis and as far as of today there are 2 more dinners planned as follows:

March 20<sup>th</sup>-Irish Stew with Biscuits

April 17<sup>th</sup>-Shepard's Pie

All going to be served on a Saturday, between 4-5 PM; we do ask that you please make a reservation by either e-mailing Zion at [zionchurch@twcny.rr.com](mailto:zionchurch@twcny.rr.com) or calling the church at 315 336-5170. You can leave a message on the answering machine. This is asked so we know how much food will be needed. Thank you, ladies for your hard work and dedication to this ministry.

# OTHER ZION TIDBITS

- Zion sends birthday cards to everyone on the list that is on page 2 of this newsletter; so we are asking for donations of birthday cards. You can drop them off at the church anytime M-F 9 Am to NOON or on Sunday. Also; if you are not on our list of birthdays and would like to be, please let Annette know in the office and she will add your name straight away.
- Now that we will be re-gathering in the sanctuary, a reminder that March 14<sup>th</sup> is when Daylight Saving Time begins and you should “SPRING FORWARD” by setting your clock 1 hour ahead the night before.
- We are asking for volunteers to sign people in when arriving to church on Sunday’s and make sure all mandated protocols are being followed.
- Easter will be celebrated in the sanctuary and we will be having Lilies to decorate the church; and as always with a donation you can dedicate it to a loved one in their memory.

## HEIDT’S MESSAGE CONTINUED...

Does this seem all “too activist” for Lent? You bet! That’s the idea, because Lent is really all about taking time. Time to look around and to look within. To reassess. To look inside each of us to find the **better** us. We need to look for that better “other” that God has always desired from humanity, within the very purpose of having made us in the image of God.

Challenge yourself this Lent. Feel yourself at home in Zion throughout this Lenten season, and beyond, as you devote yourself into the discernment of your own..and your parish’s.. growth into the “better other” that God calls us all to be.

**In the Love of Christ. Fr. Jim**

# Diocesan News

## WORKSHOPS OFFERED BY THE DIOCESE OF CNY

*What gifts has God given us?*

*What are the needs we see around us?*

*What future is God bringing forth in our midst?*

The COVID-19 pandemic has found us experimenting with new forms of ministry, worship, and building community. **Do you need to take a deep breath and reflect in community?**

The [2021 Learning Communities Initiative](#) offers three short workshops, open to all, to engage the LCI's ~Listen~Act~Reflect~ process:

- Dwelling in the Word/ Listening with the heart
- Sharing our actions with each other
- Reflecting on what we have heard and what we have done, and considering how to incorporate our learning into the fabric of our parish and diocesan community

Three workshops are planned on Zoom; attend one or all three:

- Saturday, February 6th (9:00-11:00 a.m.) (Please [REGISTER](#) by Wednesday, Feb 3rd)
- Saturday, April 10th (9:00-11:00 a.m.) (Please register by Wednesday, Apr. 7th)
- Saturday, June 5th (9:00-11:00 a.m.) (Please register by Wednesday, Jun. 2nd)

Everyone in the Diocese is welcome to attend any of the three workshops, whether you have LCI experience or not. A team approach works best, so if you can, please gather two or more people from the parish to attend each workshop and bring the process back to their congregation.

**Fun thought of the month;** I hope this message gets tweeted with respect...

