
MISSION STATEMENT

Zion Episcopal Church is a Christian community called to bear witness and celebrate the love of Christ in our parish family and throughout the world.

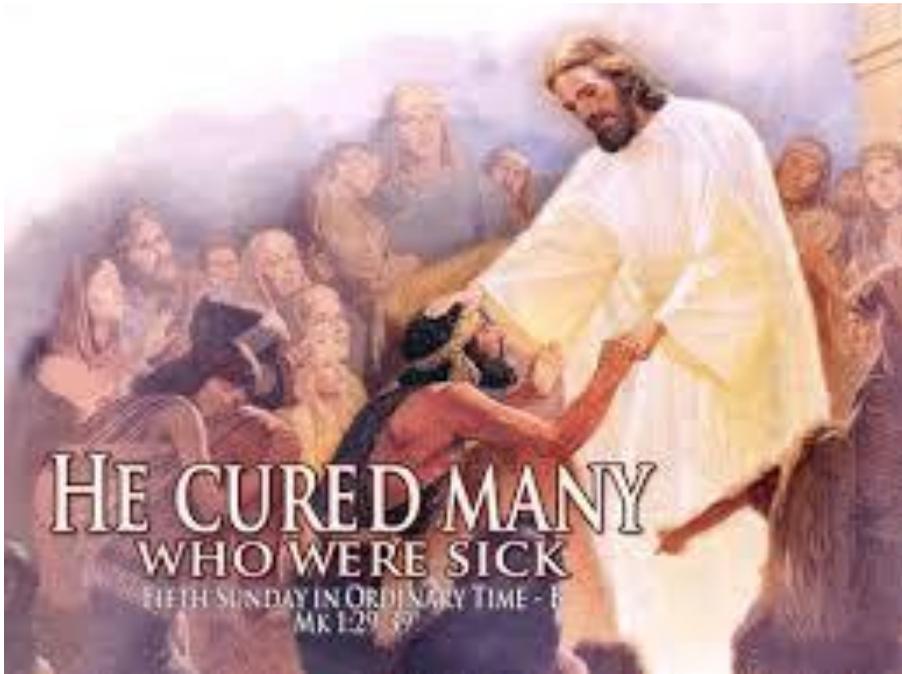
Welcome to historic

Zion Episcopal Church, Rome, New York

- A parish in the Episcopal Diocese of Central New York -
140 West Liberty Street Rome, New York 13440-5750

Telephone: 315.336.5170 **Website:** www.zionrome.org

Email: zionchurch@twcny.rr.com



TODAY'S ANNOUNCEMENTS:

The lunch program still runs from 11:30 – 1pm Mon and Tue for take out only.

Due to the coronavirus health emergency, and the Bishop's Pastoral Directives, Zion will not have in-person worship or gathering until further notice.

We DO celebrate the Holy Eucharist online at 9:00 a.m. Sunday, but no longer via Facebook to allow greater participation. Zion now has our own Zoom account. We will use ZOOM for our on-line, streaming service ... without cost for you to view and without any need to subscribe to any online service. For computer access click the following link:

<https://zoom.us/j/99551767853?pwd=Q09ET3VMRkVITVUwZzZ6aXhVSUR0QT09> Meeting ID: **995 5176 7853** Passcode: **b9700E**

For phone access dial up toll-free number is **1-929-205-6099** (alternate number: 1-312-626-6799) and the passcode number is **671803**.

Each Sunday's service bulletin will be mailed by Wednesday. The parish office remains open, Monday through Friday, 9:00 a.m. to Noon. Call Annette at church (315-336-5170) or email (zionchurch@twcny.rr.com) by Monday for next week's bulletin. Thanks to Tina Rescigno's efforts, the sermon and bulletin are also on the parish website: www.zionrome.org

Consecrated wafers for the Holy Eucharist (regular wheat or gluten free) are available for you to take home, six per each sealed plastic bag for pick up from the office. Please call Annette to coordinate a pick up time at the church.

By decision of the Bishop, Zion's essential ministries and services remain active ... such as the Monday and Tuesday take-out lunch program, as well as the meeting site for various community organizations with their own ministries.

We invite your attention to the parish newsletter for more information as the continuing activities and ministries at Zion, notwithstanding our suspension of in-person worship.

Fifth Sunday after Epiphany
Sunday Feb 7, 2021
9 a.m. Holy Eucharist/Live Streaming

Prelude:

Hymn: 427 When morning gilds the skies – Erick Kroll, organist

THE LITURGY OF THE WORD

The people standing, the Celebrant says

S 76 - The Holy Eucharist Opening Acclamation

BCP 355

Celebrant: Blessed be God: Father, Son and Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen*

The Gloria

Celebrant and people:

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you

alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

BCP 357

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray.

The Collect:

BCP 216

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

The People Sit.

The Lessons

The First Lesson – **Isaiah 40:21-31**

Reader: The first lesson is a reading from the Book of Isaiah

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is

missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader: The Word of the Lord
People: **Thanks be to God**

Psalm 147:1-12, 21c

BCP 804

Laudate Dominum

1 Hallelujah!
How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!

2 The Lord rebuilds Jerusalem; *
he gathers the exiles of Israel.

3 He heals the brokenhearted *
and binds up their wounds.

4 He counts the number of the stars *
and calls them all by their names.

5 Great is our Lord and mighty in power; *
there is no limit to his wisdom.

6 The Lord lifts up the lowly, *
but casts the wicked to the ground.

7 Sing to the Lord with thanksgiving; *
make music to our God upon the harp.

8 He covers the heavens with clouds *
and prepares rain for the earth;

9 He makes grass to grow upon the mountains *
and green plants to serve mankind.

10 He provides food for flocks and herds *
and for the young ravens when they cry.

11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;

12 But the Lord has pleasure in those who fear him, *
in those who await his gracious favor.

13 Worship the Lord, O Jerusalem; *
Praise your God, O Zion;

14 For he has strengthened the bars of your gates; *
He has blessed your children within you.

15 He has established peace on your borders; *
He satisfies you with the finest wheat.

16 He sends out his command to the earth, *
And his word runs very swiftly.

17 He gives snow like wool; *
He scatters hoarfrost like ashes.

18 He scatters his hail like bread crumbs; *
Who can stand against his cold?

19 He sends forth his word and melts them; *
He blows with his wind, and the waters flow.

20 He declares his word to Jacob, *
His statutes and his judgments to Israel.

21 He has not done so to any other nation; *
To them he has not revealed his judgments.
Hallelujah!

The Second Lesson- **1 Corinthians 9:16-23**

Reader: The Second lesson is a Reading from the Letter of Paul to the Corinthians

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader: The Word of the Lord

People: **Thanks be to God**

The Gospel: **Mark 1:29-39**

Then, all standing, the Deacon or a Priest reads the Gospel, first saying

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark
People: **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant: The Gospel of the Lord.
People: **Praise to you, Lord Christ.**

The Sermon

Reverend Dr. James K. Heidt, Rector & Priest

Fifth Sunday after Epiphany, Year B February 7, 2021 (Mark 1: 29 - 39)

In the Name of the Living God: Father, Son and Holy Spirit.

It was a Friday morning at the Family Court in Rome some time ago, and I had about twenty minutes to meet him and talk with him for the first time before going in before the judge on the record. He was a young guy, maybe twenty. In the conference room with him, he was quiet and responsive, but seemed very tense...which is a normal expectation for someone brought to the high charged environment of Family Court.

He and his live-in girlfriend had just had their first child for either one of them...a baby girl born to her in October named Chloe. I looked in the file and noticed, first thing,

that it was a neglect proceeding filed by the county's Department of Social Services against he and the child's mother. Without even looking at the petition's contents, I asked him right away, "Was the child still at home, or removed into foster care by the Department?" When he replied that the child was still home, I told him that was good, on several different levels. First, if she had been removed, my first priority at this first appearance was to work on a schedule of substantive visitation...especially for a baby so young who needs to bond with her parents, particularly if she was nursing. And second, if the child was not removed, the Department obviously had the opinion that the child was not in imminent risk.

This baby was born with a medical condition. A piece of soft cartilage near her voice box that caused her above-normal effort to breathe. And, as she was forced to breathe with effort, using more calories than normal, she was losing weight and not thriving. "Failure to thrive" is the code.

The allegations were that these young parents were not cooperating with the public health nurse, and were otherwise refusing assistance and services. But, finally in early December, Chloe had corrective surgery to remove the cartilage, was returned home, and started gaining weight.

Before going in, I told him that as the baby was now at home, the greatest pressure would be off. From here on out, our mutual effort would be to determine and arrange for supportive services that would strengthen their household. My message was, essentially....to relax, it is all good. We will work out the legal side, but your job as dad is to fully cooperate to keep the baby safe and healthy in your own home. Mom was hearing the same message from her lawyer.

Then we all went into court. The department's lawyer whispered to me, in going by to his table, that there was a confrontation between the parents and the worker very early on at their home, with my guy threatening a physical fight, and screaming profanities. My client wanted to whisper his side of the conflict...and my response was, essentially, I do not want to hear it because that was early on. That was then, before the surgery and acknowledged improvement of the baby's condition, and this is now...where we move ahead, with everyone consenting the baby is safe at home with services.

And, here I am, flipping to page 2 of the sermon...and, as of yet, with NO mention of God, or Jesus, or today's gospel reading. Well, no DIRECT mention. No chapter and verse. But what you have heard IS the gospel reading for today.

In today's gospel, Jesus heals Simon Peter's mother, and everyone tells their friends because it is so special. Jesus is happy to be able to heal but the healing is only part of it. The greater need, and his greater ministry, is to share the message of good news and, in today's gospel, he says that it is time to move on to the next town because "that is what I came out to do". St. Mark's story of Jesus says that was about sharing the good

news that the kingdom of God was near.....meaning, “Life is hard, but God is good, and God is with us to help us live it.”

When we give our heart to God, we gradually become changed by God to the point that, in our daily lives with the encounters that we have along the way, we somehow come to share that message of good news that God is with us to help us live it.

Some years ago, I had become completely worn down by the emotional toll of doing that work, actually telling Bishop Adams and others among the clergy who I confided with that “quote” it was not sanctifying “unquote”. I have since come to learn how untrue and how wrong that conclusion was, and now I wonder at the foolishness of that presumption.

After all, we hear it here every Sunday morning...and it is a wonder to me how I could miss it because I am the one actually saying it...that it is a good, and right, and joyful thing, always and everywhere to give thanks to God. So, the point of today’s message is to find how that happens, everywhere and all the time. To find that there is no disconnect. That everything we do in life that is positive, and fruitful, and joyful, and particularly helpful to others...all of it is sanctifying.

Because, in the words of Jesus, “that is what I came out to do”...and so, now, I am directed to look less at the self-focused stress of highly emotional situations, and now tend to see them more in the light of shepherding others through their journeys of fear..through the valley of the shadow of death...in that they are not alone, but have help. God’s work for us is to help in saving people from their broken-ness and their troubles by reminding them they are not alone. That they are cared for.

All of the theologians since the time of Jesus have helped make all of this so tough, so convoluted, so difficult to understand...in the heart, let alone the mind. But, Paul...in a letter to his friends in the town of Corinth...keeps it simple in that he writes how he has to...has to...share the good news about Jesus, because it is able to save people from their sins and troubles. The way that we can also do that is to be the living, breathing presence of God, and do what Jesus and his followers did: live into and tell your own stories of life, and not of death. After all, “that is what I came out to do”, he said...and the same for each of us as we continue in the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Nicene Creed

BCP 358

Celebrant and people:

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. *Amen.*

The Prayers of the People in the Season of Epiphany

Leader: In the silences throughout these prayers, we are invited to hold up to God, either silently or aloud, the names of those we remember especially today. Bathed in starlight, we pray together to the One who created all things, saying, Show us your child, O God,

People: *For we observed a new star at its rising and have traveled far, bearing gifts.*

Leader: Make your wisdom in its rich variety known through all faithful people, especially to Justin, Archbishop of Canterbury, Michael our presiding bishop, DeDe our diocesan bishop, James our rector and priest. Give all branches of your holy church grace to bear the gifts of truth and love to all your children on earth.

[silence, for all faithful people and ministers]

People: Show us your child, O God,
For we walk together in faith.

Leader: Give your justice to the nations and their leaders, and give your mercy to all whose decisions affect the peace and well-being of the world. Where we have power ourselves, open our ears to the cries of the weak, the poor, and the needy, and open our hearts to answer their call.

[silence, for leaders and decision-makers]

People: Show us your child, O God,
For we walk together in hope.

Leader: Bless this community, that in your light we may each become a servant, one to the other. Bring us together in story, song, joy, and sorrow; and let every daughter and son who comes among us find kinship in this place.

[silence, for this community]

People: Show us your child, O God,
For we walk together in love.

Leader: Have mercy on those who serve in the armed forces both here and abroad, as well as those of us who journey in sickness, fear, or any kind of trouble and who we now name from our prayer list, **namely [...]**

Bernadette

Patricia

Joyce

Blaze

Lance

J. Daniel

Jill

Charles O'Neill

John & Linda Hunter

The Seymour Family

Brett McDonell

Ann Northup

Joann Bienvenue

Ginny Telego

Lorelie Rice

Michael Potter

Siegmund Urbanek

David Dutcher

Janet Renzi

Rachel Dyball

Charlotte Rice

Cindy DeProspero-Outwater

Susan Bogart

Catherine Zbiegien

Georgeanna Howanietz

Randy Jones Sr.

Janice McNaughton

Jim & Pat Hoffman

Sharon Dyball

Anne Staple

Bea Golden

AJ Renzi

Erica Young & Baby

People: ***For we observed a new star at its rising and have traveled far, bearing gifts.***

Leader: Loving and Passionate God, receive from the depth of our hearts, the greatest thanksgivings for all of your mercies and for all the blessings given to all of us; for our loved ones, for this nation, and for your world, including those blessings we now name aloud (such as....), or hold joyfully in our hearts.

People - Show us your child, O God,
For we journey with you in faith, and hope, and love, with joyful hearts

Leader: To the One who is the road on which we travel, our companion along the way, and our journey's end, we pray in boldness and confidence through faith in Christ Jesus, **Amen.**

Leader: In the Anglican Communion, we pray for the people of the Anglican Church of Burundi, and their bishop, The Most Rev. Martin Blaise Nyaboho; and in the Episcopal Church, we pray for the people of the Diocese of Eau Claire, Wisconsin, and their bishop, The Rt. Rev. William Jay Lambert.

For our companion Diocese El Salvador, we pray for the people of Santa Maria Virgen, San Bartolo, Ilopango, and their priest, The Rev. Guillermo Hueso.

And in our own Diocese of Central New York, we continue to pray for all essential workers, first responders, and health care professionals. We also pray for the people of Christ Church, Willard, and their priest, The Rev Lesley Adams, as well as for the people of Zion Episcopal Church, Windsor, and their priest, The Rev. Geoff Doolittle.

We pray for all who are impacted, here and abroad, directly or indirectly, by the coronavirus pandemic, and we especially pray for our families, our friends, and our loved ones, our communities and our church.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen*

Absolution

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Announcements

Hymn: 7 Christ, whose glory fills the skies

– Erick Kroll, organist

The Holy Communion

The Invitation

ALL persons, baptized at any place and of any age, are encouraged and welcomed to receive and share in the communion of Christ's sacramental Body in the form of Bread from God's holy table in this place.

The Bread will be available in individual, safely packaged parcels for each communicant to take upon entry into the sanctuary. Please take the Bread

*with you to your pew and wait for the invitation and consecration before you consume. We also have **gluten-free** Bread available as marked for you to take.*

The Celebrant will review the above in addition to offering the Words of Invitation prior to the celebration.

The Offertory

Celebrant and People together:

All things come of thee, O Lord; and of thine own, have we given thee. **Amen.**

The Great Thanksgiving – Eucharistic Prayer A BCP 361

Celebrant - The Lord be with you.

People - And also with you.

Celebrant - Lift up your hearts.

People - We lift them to the Lord.

Celebrant - Let us give thanks to the Lord our God.

People - It is right to give him thanks and praise.

Celebrant - It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever say this hymn to proclaim the glory of your Name:

**Holy, holy, holy Lord, God of power and might.
Heaven and earth are full, of your glory.
Hosanna in the highest. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest. Hosanna in the highest.**

Celebrant continues:

Holy and gracious Father; In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world. On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my Body, which is given for you. Do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

Celebrant continues:

We celebrate the memorial of our redemption, O Father, in the sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body of your Son, the holy food of new and unending life in him. Sanctify us also that we may faithfully receive the holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and fore ever. **AMEN**

Celebrant: And now, as our Savior Christ has taught us, we are bold to say,

The Lord's Prayer

(Kneel or stand)

BCP 364

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, For thine is the kingdom, and the power, and the glory, for ever and ever. Amen

The Breaking of the Bread

Celebrant: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast; Alleluia**

Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving. The Body of our Lord Jesus Christ keep you in everlasting life. Amen

The Post-Communion Prayer (Kneel or stand)

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with

spiritual food in the Sacrament of his Body. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. *Amen*
The Blessing

The Dismissal

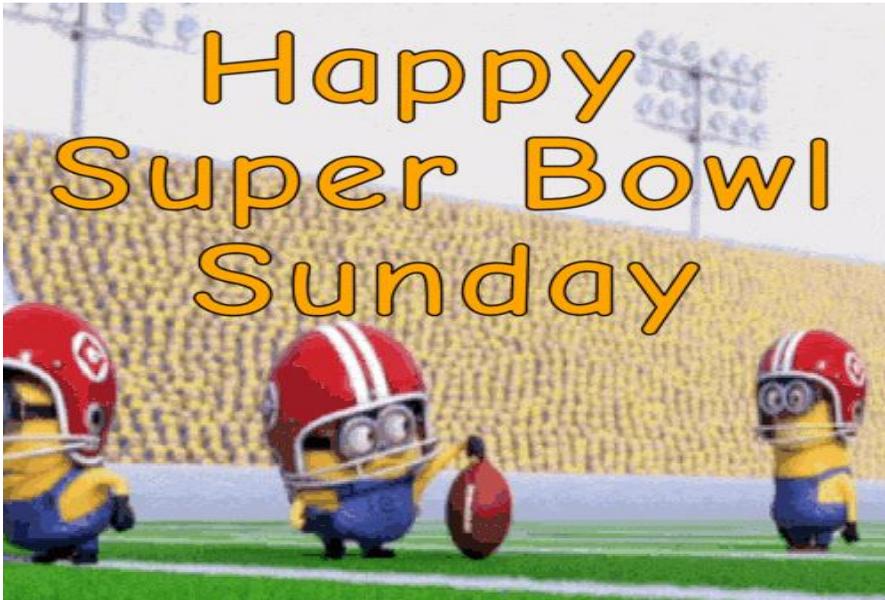
Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God.**

Postlude – God Be With You

– (recorded)

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Reverend Dr. James K. Heidt, Rector & Priest
Erick Kroll, Organist and Music Director
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ACOLYTE SCHEDULE, CHALICE SCHEDULE, LAY READER SCHEDULE

February 7	9AM	Sandie Latimer	CHALICE & 2ND LESSON
		Meribeth Seaman	1ST LESSON & PSALM
		Sandie Latimer	ACOLYTE
		Jennifer S., & Jane P.	Alternates
February 14	9AM	Jane Padrón	CHALICE & 2ND LESSON
		Jennifer Swinney	1ST LESSON & PSALM
		Jane Padrón	ACOLYTE
		Annette C-H & Sandie L.	Alternates
February 21	9 AM	Rick Weltz	CHALICE & 2ND LESSON
		Annette Clark-Hani	1ST LESSON & PSALM
		Rick Weltz	ACOLYTE
		Wayne O., & Tina R.	Alternates
February 28	9AM	Tina Rescigno	CHALICE & 2 ND LESSON
		Mike Rescigno	1 ST LESSON & PSALM
		Tina Rescigno	ACOLYTE
		Meribeth S., & Rick W.	Alternates