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## MISSION STATEMENT

Zion Episcopal Church is a Christian community called to bear witness and celebrate the love of Christ in our parish family and throughout the world.

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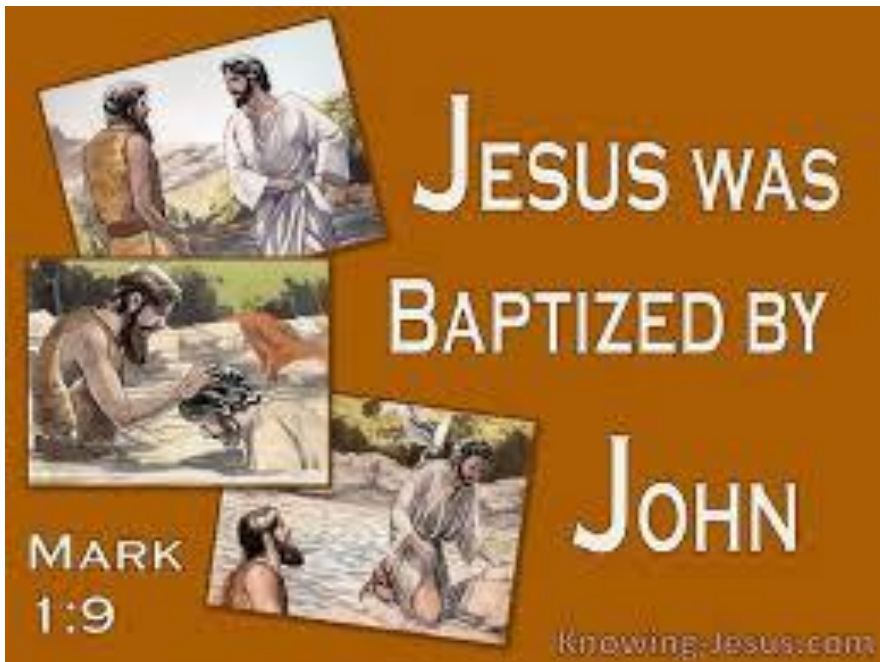
Welcome to historic

Zion Episcopal Church, Rome, New York

- A parish in the Episcopal Diocese of Central New York -  
140 West Liberty Street Rome, New York 13440-5750

**Telephone:** 315.336.5170 **Website:** [www.zionrome.org](http://www.zionrome.org)

**Email:** [zionchurch@twcny.rr.com](mailto:zionchurch@twcny.rr.com)



## TODAY'S ANNOUNCEMENTS:

The lunch program still runs from 11:30 – 1pm Mon and Tue for take out only.

Due to the coronavirus health emergency, and the Bishop's Pastoral Directives, Zion will not have in-person worship or gathering until further notice.

We DO celebrate the Holy Eucharist online at 9:00 a.m. Sunday, but no longer via Facebook to allow greater participation. Zion now has our own Zoom account. We will use ZOOM for our on-line, streaming service ... without cost for you to view and without any need to subscribe to any online service. For computer access click the following link:

<https://zoom.us/j/99551767853?pwd=Q09ET3VMRkVITVUwZzZ6aXhVSUR0QT09> Meeting ID: **995 5176 7853** Passcode: **b9700E**

For phone access dial up toll-free number is **1-929-205-6099** (alternate number: 1-312-626-6799) and the passcode number is **671803**.

Each Sunday's service bulletin will be mailed by Wednesday. The parish office remains open, Monday through Friday, 9:00 a.m. to Noon. Call Annette at church (315-336-5170) or email ([zionchurch@twcny.rr.com](mailto:zionchurch@twcny.rr.com)) by Monday for next week's bulletin. Thanks to Tina Rescigno's efforts, the sermon and bulletin are also on the parish website: [www.zionrome.org](http://www.zionrome.org)

Consecrated wafers for the Holy Eucharist (regular wheat or gluten free) are available for you to take home, six per each sealed plastic bag for pick up from the office. Please call Annette to coordinate a pick up time at the church.

By decision of the Bishop, Zion's essential ministries and services remain active ... such as the Monday and Tuesday take-out lunch program, as well as the meeting site for various community organizations with their own ministries.

We invite your attention to the parish newsletter for more information as the continuing activities and ministries at Zion, notwithstanding our suspension of in-person worship.

First Sunday in Lent  
Sunday Feb 21, 2021  
9 a.m. Holy Eucharist/Live Streaming

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**Prelude:**

**Hymn: 150** Forty days and forty nights

– Erick Kroll, organist

**THE LITURGY OF THE WORD**

*The people standing, the Celebrant says*

**S 76** - The Holy Eucharist: Rite One

BCP 323

*Celebrant:* Bless the Lord who forgiveth all our sins.

*People:* **His mercy endureth for ever.**

*The Celebrant may say:*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. ***Amen.***

Here what our Lord Jesus Christ saith: Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the prophets.

**(Said X3)** Holy God  
Holy and Mighty  
Holy Immortal One,  
***Have mercy upon us.***

*Celebrant and people:*

**Glory be to God on high, And on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sin of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer, Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.**

**The Collect of the Day**

BCP 325

*Celebrant:* The Lord be with you.

*People:* **And with thy spirit,**

*Celebrant:* Let us pray.

The Collect:

BCP 218

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*The People Sit.*

## **The Lessons**

**The First Lesson – Genesis 9:8-17**

*Reader:* The first lesson is a reading from the Book of Genesis

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

*Reader:* The Word of the Lord

*People:* **Thanks be to God**

## **Psalm 25:1-9**

BCP 614

*Ad te, Domine, levavi*

1 To you, O Lord, I lift up my soul;  
my God, I put my trust in you; \*  
let me not be humiliated,  
nor let my enemies triumph over me.

2 Let none who look to you be put to shame; \*  
let the treacherous be disappointed in their schemes.

3 Show me your ways, O Lord, \*  
and teach me your paths.

4 Lead me in your truth and teach me, \*  
for you are the God of my salvation;  
in you have I trusted all the day long.

5 Remember, O Lord, your compassion and love, \*  
for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; \*  
remember me according to your love  
and for the sake of your goodness, O Lord.

7 Gracious and upright is the Lord; \*  
therefore he teaches sinners in his way.

8 He guides the humble in doing right \*  
and teaches his way to the lowly.

9 All the paths of the Lord are love and faithfulness \*  
to those who keep his covenant and his testimonies.

## The Second Lesson- **1 Peter 3:18-22**

*Reader:* The Second lesson is a Reading from the Letter of Paul to Peter

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you-- not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

*Reader:* The Word of the Lord

*People:* **Thanks be to God**

## **The Gospel: Mark 1:9-15**

*Then, all standing, the Deacon or a Priest reads the Gospel, first saying*

*Celebrant:* The Holy Gospel of our Lord Jesus Christ according to Mark

*People:* **Glory be to thee, O Lord.**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Celebrant:* The Gospel of the Lord.

*People:* **Praise be to thee, O Christ**

## **The Sermon**

*Reverend Dr. James K. Heidt, Rector & Priest*

First Sunday of Lent

February 21, 2021

(Mark 1: 9 - 15)

In the Name of the Living God: Father, Son and Holy Spirit.

This is about the spiritual life as the life of the beloved. I am often in the presence of people openly accused of inadequacies in the role of being parents, so I have known many people hear voices that tell them that they are no good, that they are a problem, that they are a burden, that they are a failure. They hear a voice that keeps saying, "If you want to be loved, you had better prove that you are worth loving. You must show it." But, instead, I move toward the spiritual life. A life in which you gradually learn to listen to

a voice that says something else, that says, "You are the beloved and with you I am well pleased."

You are the beloved and with you I am well pleased.

Jesus heard that voice...coming out of the Jordan River. I could hear that voice, too. The one saying, "You are my beloved son; you are my beloved daughter. I love you with an everlasting love. I have molded you together in the depths of the earth. I have knitted you in your mother's womb. I have written your name in the palm of my hand. I hold you safe in the shade of my embrace. You belong to Me and I belong to you. You are safe where I am. Do not be afraid. Trust that you are the beloved. That is who you truly are."

It is not very loud, because it is intimate. Comes from a very deep place. Soft and gentle. We must hear that voice and claim for ourselves that this voice speaks the truth, our truth. Telling us who we are....so we can start the spiritual life. Claiming the voice that calls us the beloved.

To live the life of the beloved, we can focus on four words that come from the gospels...words used in the story of the overabundance of bread, words that are used at the Last Supper, words used at Emmaus, and words used constantly when the community of faith comes together. Those words are: He took, He blessed, He broke, and He gave. To be taken, to be blessed, to be broken and to be given is the summary of the life of Jesus who was taken into the wilderness, who was blessed by God, was broken on the cross, and was given to the world. And so it is also the summary of our life because just as Jesus, we are the beloved.

First, we are taken. Perhaps a better word would be chosen. We are chosen by God, which means we are seen by God in our preciousness, in our individuality. Seen as precious in God's eyes. In our world, we tend to divide, saying in effect, "It is good for me, and too bad for you." But, in God's mystery, being chosen does not mean excluding anyone. In fact, the more we know we are seen in our preciousness, the more we will realize that all people are seen in their preciousness.

I encounter people who often have a very hard time believing they are chosen, suffering from the feeling of being not wanted, not desired. Losing touch with the truth that they are chosen, precisely because often the people around them have said, "I don't want you around. I don't want you to be here. Why don't you go away?" But, the life of the beloved starts by trusting that we are chosen in our uniqueness, that we are unique in God's eyes.

The second aspect of the life of the beloved is that we are blessed. You and I must experience that we are blessed. The word benediction means blessing. Literally, bene means "good" and diction means "saying". To bless someone means to say good things



about them. We need to know good things are being said of us and we really have to trust that, or otherwise we cannot bless other people.

On Ash Wednesday, among other places I often go to the Oneida County courthouse in Utica. Years ago, I saw an old friend who has had a troubled life, especially since the passing of her dear husband. She received ashes, but asked for more time..."Jim, can you bless me?" The imposition of ashes, a little cross on her forehead using ashes, opens us into the way of the remembrance of a far deeper connection with God, but she needed more...she missed her husband so, her daughter still struggled, as now did her grandson...saying, in effect, "I want to be blessed."

As she sat, I came to her side, put my arm around her shoulder, pulled her close to an embrace, and told her how she is always loved by God, that she is held up by God all the time, not only when those who care for her tell her so...saying, "Blessed are you, Angie. You know how much we love you. You know how important you are. You know what a good woman you are." And I could see the energy returning to her, the smile returning to her face, relieved from the feeling of depression because suddenly she realized again that she was blessed.

I am ever mindful that we are broken people. We know that we are broken. Much of our brokenness has to do with relationships. If you ask me what it is that makes us suffer, it is always because someone could not hold onto us or someone hurt us. Each of us can point to a brokenness in our relationships with our spouse, with our parents, with our children, with our friends, with our lovers. Wherever there is love, there can also be pain. Wherever there are people who really care for us, there is also the pain of sometimes not being cared for enough.

What do we do with our brokenness? As the beloved of God we have to dare to embrace it, to befriend our own brokenness. We should NOT just say, "That should not be in my life. Let's just get away from it. Let's get back on track." No. We should dare to embrace our brokenness, to really look at it. "Yes, I am hurting. Yes, I am wounded. Yes, it is painful." I do not have to be afraid. I can look at my pain because in a very mysterious way our wounds are often a window on the reality of our lives. If we dare to embrace them, then we can put them under the blessing. That is the great challenge.

Quite often, we want to solve people's problems and tell them to do this or to do that, that we will help them out and let's move forward. Treating it all as a function only causes us to differentiate, to assign fault, to designate blame....living our brokenness under a curse of maintaining it as our own to treat, to fix, to own, to bear..and that can snowball a lot. It is like an affirmation that you are no good and suddenly you say, "You see what has happened? I lost my job. This friend didn't speak to me. He rejected me." We can hold on to it and, BINGO! See, there is the proof of our own self-fulfilling prophesy that I/we are just no good, or not good enough.

But the great call is to put our brokenness under the blessing, to live it as people of whom good things are being said. If we live our life as people who are taken, blessed and broken, then we can give ourselves. We are taken, blessed and broken to be given. It may sound a little strange, but I really believe deeply that our greatest human desire is to give ourselves. We usually think in terms of wanting to have a lot for ourselves so then we will give a little bit. No, I think the greatest fulfillment of our heart is in the giving, to give ourselves. It is letting go. The great mystery is that as we let go for others our lives start bearing fruit.

Jesus says, "It is good for you that I die because when I die I can give you my spirit and you will bear much fruit in your life." That is the final call, to give ourselves. When we are people who are chosen by God -- blessed, broken -- we can give ourselves to others.

There was a little boy and everybody said that he was not worth much of anything, but he had five loaves and five fishes. Jesus received him, and took the five loaves and five fishes. He broke the bread after having blessed it, and he gave it, and in giving it multiplied and it was enough for everyone to eat. That story says something about our lives...which is "you are the beloved, and with you I am well pleased."

Says the loving and eternal God to each and every one of us, all in the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

## The Nicene Creed

BCP 327

*Celebrant and people:*

**I believe in one God, the Father Almighty, maker of heaven and earth, and of all things visible and invisible; And in one Lord Jesus Christ, the only-begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father; by whom all things were made; who for us men and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man; and was crucified also for us under Pontius Pilate; he suffered and was buried; and the third day he rose again according to the Scriptures, and ascended into heaven, and sitteth on the right hand of the Father; and he shall come again, with glory, to judge both the quick and the dead; whose kingdom shall have no end. And I believe in the Holy Ghost the**

**Lord, and Giver of Life, who proceedeth from the Father and the Son; who with the Father and the Son together is worshiped and glorified; who spake by the Prophets. And I believe one holy Catholic and Apostolic Church; I acknowledge one Baptism for the remission of sins; and I look for the resurrection of the dead, and the life of the world to come. Amen.**

## **The Prayers of the People for the Season of Lent**

**BCP 328**

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers, especially Justin, Archbishop of Canterbury, Michael our Presiding Bishop, DeDe our Diocesan Bishop, and James our Rector and Priest, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor [ \_\_\_\_\_ ]

AnnMarie Bronson Hunter	Ann Northup	AJ Renzi
Blaze	Bill McGee	Al & Krissy Rozanski
Brett McDonell	Brenda Outwater	Anne Staple
Buffy Olsen	Catherine Zbiegien	Bea Golden
Charles O'Neill	Charlotte Rice	Erica Young & Baby
Davie Kane	Christine O'Connor	Georgeanna Howanietz
Georgia Northup	Cindy DeProspero-Outwater	Janice McNaughton
J. Daniel	David Dutcher	Jim & Pat Hoffman
Jill	Erik and Tory Backenstrauss	Jim Grimmer
John and Linda Hunter	Ginny Telego	Karen Chapman
Joyce	Janet Renzi	Kathy Hawks
Julie Pangbourne	Joan Moore	Randy Jones Sr.
Justin & Ryan Pope	Joey Urbanek	Sara Steiner
Lance	Kevin & Alice Wilson	Sara White
Lois Wiggins	Lauren & James Ziegler	Sharon Dyball
Richard Stratton	Michael Potter	Sharon Parsons
Shirley Reali	Rachel Dyball	Siobhan Gurski
The Gambier Family	Renee Resendez	Susan Bogart
The Seymour Family	The Seamen Family	Wiltz Bienvenue
Zachary Thomason	Tina Rescigno	TJ McMenemy

And all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear [especially BOB SMITH], beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen**

Leader: In the Anglican Communion, we pray for the people of the Church of the Province of Central Africa and their bishop, The Most Rev. Albert Chama;

and in the Episcopal Church, we pray for the people of the Diocese of Florida, and their bishop, The Rt. Rev. Samuel Johnson Howard.

For our companion Diocese El Salvador, we pray for the people of San Miguel Arcángel, Quezaltepeque, and their priest, The Rev. Alfredo López

And in our own Diocese of Central New York, we continue to pray for all essential workers, first responders, and health care professionals. We also pray for the people of Church of St. Lawrence, Alexandria Bay, and their priest, The Rev. Lisa Busby, as well as for the people of St. Peter & St. John's Episcopal Church, Auburn, and their priest, The Rev John Rohde.

We pray for all who are impacted, here and abroad, directly or indirectly, by the coronavirus pandemic, and we especially pray for our families, our friends, and our loved ones, our communities and our church.

## **Confession of Sin**

BCP 330

*Celebrant:* Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life , following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling. *Silence is kept.*

## **Confession**

*Celebrant and people:*

**Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all men: We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against thy divine Majesty, provoking most justly thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us, the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is**

**past; and grant that we may ever hereafter serve and please thee in newness of life, to the honor and glory of thy Name; through Jesus Christ our Lord. Amen.**

*The Celebrant uses this or another authorized absolution*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring to you to everlasting life; through Jesus Christ our Lord. **Amen.**

## **The Peace**

*Celebrant:* The peace of the Lord be always with you.

*People:* **And also with you.**

## **Announcements**

**Hymn: 121** Christ, when for us you were baptized, – Erick Kroll, organist

# **The Holy Communion**

## **The Invitation**

*ALL persons, baptized at any place and of any age, are encouraged and welcomed to receive and share in the communion of Christ's sacramental Body in the form of Bread from God's holy table in this place.*

*The Bread will be available in individual, safely packaged parcels for each communicant to take upon entry into the sanctuary. Please take the Bread with you to your pew and wait for the invitation and consecration before you consume. We also have **gluten-free** Bread available as marked for you to take.*

*The Celebrant will review the above in addition to offering the Words of Invitation prior to the celebration.*

# The Offertory

*Celebrant and People together:*

All things come of thee, O Lord; and of thine own, have we given thee. **Amen.**

## The Great Thanksgiving – Eucharistic Prayer I      BCP 333

**S 112** - *Sursum corda*

*Celebrant:* The Lord be with you.

*People:* **And with thy spirit**

*Celebrant:* Lift up your hearts.

*People:* **We lift them up unto the Lord.**

*Celebrant:* Let us give thanks unto our Lord God.

*People:* **It is meet and right so to do.**

*The Celebrant proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and **singing,**

**S 114** - *Sanctus*

**Holy, holy, holy Lord God of Hosts:**

**Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord. Hosanna in the highest.**

*The Celebrant continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect and sufficient sacrifice, oblation and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he have given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy Divine majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.



And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN**

*Celebrant:* And now, as our Savior Christ has taught us, we are bold to say,

**The Lord's Prayer**

(Kneel or stand)

*BCP 336*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, For thine is the kingdom, and the power, and the glory, for ever and ever. Amen**

### **The Breaking of the Bread**

*Celebrant:* Alleluia. Christ our Passover is sacrificed for us;

*People:* **Therefore let us keep the feast**

***O Lamb of God, that takest away the sins of the world, have mercy upon us.***

***O Lamb of God, that takest away the sins of the world, have mercy on upon us.***

***O Lamb of God, that takest away the sins of the world, grant us thy peace.***

*Celebrant and People:*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But**

**thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, that we may evermore dwell in him, and he in us. Amen.**

*Celebrant:*

The Gifts of God for the People of God; take them in remembrance that Christ died for us, and feed on him in your hearts by faith, with thanksgiving.

The Post-Communion Prayer (Kneel or stand)

BCP 339

*Celebrant and People:* **Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, thy blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

**The Blessing**

**The Dismissal**

*Celebrant:* Let us go forth in the name of Christ.

*People:* **Thanks be to God.**

**Postlude – God Be With You**

– (recorded)

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 Reverend Dr. James K. Heidt, Rector & Priest  
 Erick Kroll, Organist and Music Director  
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### ACOLYTE SCHEDULE, CHALICE SCHEDULE, LAY READER SCHEDULE

February 7	9AM	Sandie Latimer	CHALICE & 2ND LESSON
		Meribeth Seaman	1ST LESSON & PSALM
		Sandie Latimer	ACOLYTE
		<b>Jennifer S., &amp; Jane P.</b>	<b>Alternates</b>
February 14	9AM	Jane Padrón	CHALICE & 2ND LESSON
		Jennifer Swinney	1ST LESSON & PSALM
		Jane Padrón	ACOLYTE
		<b>Annette C-H &amp; Sandie L.</b>	<b>Alternates</b>
February 21	9 AM	Rick Weltz	CHALICE & 2ND LESSON
		Annette Clark-Hani	1ST LESSON & PSALM
		Rick Weltz	ACOLYTE
		<b>Wayne O., &amp; Tina R.</b>	<b>Alternates</b>
February 28	9AM	Tina Rescigno	CHALICE & 2 <sup>ND</sup> LESSON
		Mike Rescigno	1 <sup>ST</sup> LESSON & PSALM
		Tina Rescigno	ACOLYTE
		<b>Meribeth S., &amp; Rick W.</b>	<b>Alternates</b>